

MEXICO CITY, PUEBLA & OAXACA

BETWEEN ART, EARTH & SPIRIT

JUNE 27TH – JULY 5TH

IN COLLABORATION WITH LOCAL COMMUNITIES

2026

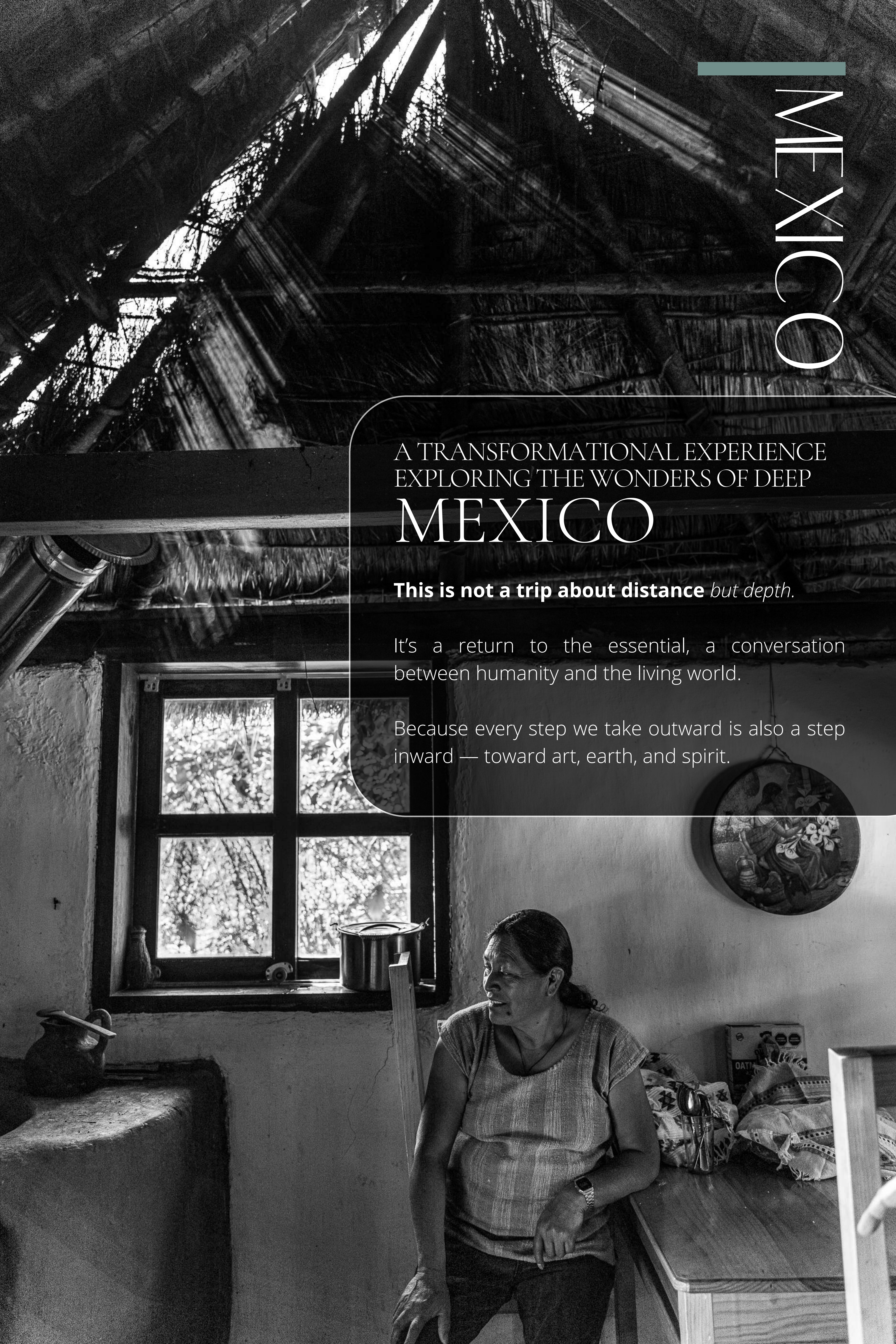
MEXICO

A TRANSFORMATIONAL EXPERIENCE EXPLORING THE WONDERS OF DEEP MEXICO

This is not a trip about distance *but depth.*

It's a return to the essential, a conversation
between humanity and the living world.

Because every step we take outward is also a step
inward — toward art, earth, and spirit.



HIGHLIGHTS THE ESSENCE OF THE JOURNEY

WHERE CULTURE BREATHES.

Boutique stay in La Roma, Mexico City's creative heart.

WHERE WATER REMEMBERS.

Xochimilco's canals drifting among floating gardens and ancestral wisdom. Farm to table.

WHERE FLAVOR TELLS HISTORY.

Baroque Puebla, talavera streets, and the sacred taste of mole poblano.

WHERE THE EARTH SPEAKS IN STONE.

Monte Albán, El Tule, Mitla and Oaxaca's timeless valley.

WHERE COMMUNITIES LIVE IN HARMONY.

Days spent with Zapotec guardians of the cloud forest — learning from their hands, their rituals, their way of belonging.

WHERE SILENCE BECOMES LANGUAGE.

Nights in wooden eco-cabins surrounded by mist and pine.

WHERE ART KEEPS MEMORY ALIVE.

Oaxacan printmakers, carving stories into wood and time.

WHERE TRAVEL BECOMES TRANSFORMATION.

Presence. Connection. Beauty.

A journey not to escape life — but to return to it.

MEXICO





By the end of the expedition, you'll receive a collection of incredible photographs, Professionally edited and ready to share with family and friends or cherish as keepsakes.

One of your tour leaders is a professional photographer that ensures that your visit is not only educational and immersive but also visually stunning, providing memories you'll treasure forever.



A photograph of an elderly man with a mustache, wearing a straw hat, a white long-sleeved shirt, and khaki pants. He is carrying a large, heavy bundle of dry sticks or branches on his back, secured with a strap. He is walking on a paved surface, possibly a sidewalk, next to a building with a white wall and a window with a red frame. The man is holding a long, thin stick in his right hand, which is touching the ground. The building has a corrugated metal roof and some peeling paint. The overall scene suggests a rural or semi-rural setting.

The Bushman Philosophy

At Bushman, we believe travel is not
about movement.
It's about awareness.

Each expedition is a living dialogue
between art, nature, and spirit.

A chance to witness how beauty,
community, and consciousness
emerge when humans live in
harmony with their environment.

Overview

Duration: 9 days / 9 nights

Places we will visit: Mexico city, Xochimilco, Puebla city, Oaxaca City, Monte Alban archeological site, Mitla archeological site, Deep immersion in the Cloud forest of Sierra Oaxaca.

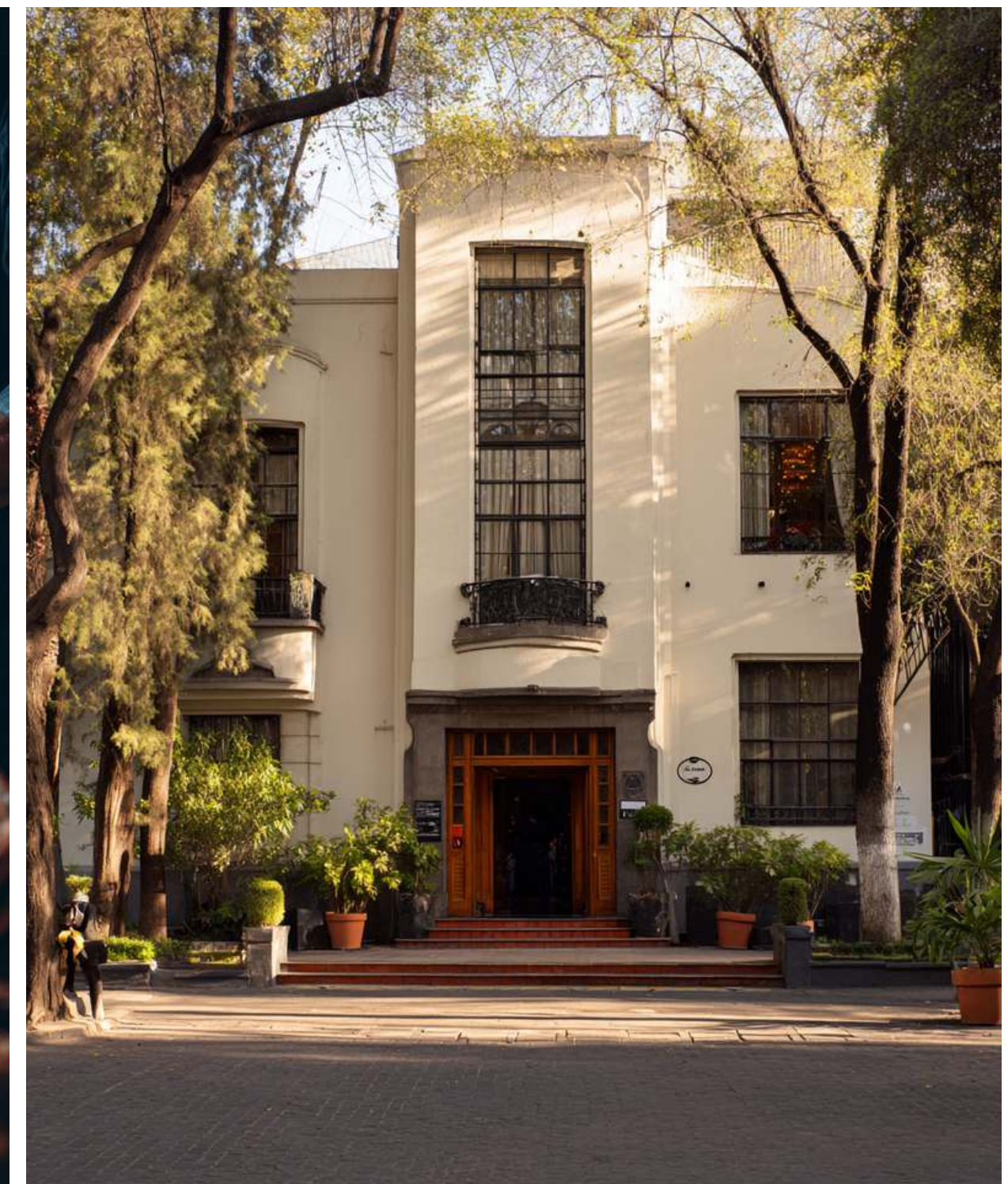
Start & End point: Mexico City

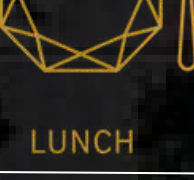
Group size: Max 16 participants

Languages: English & Spanish

Difficulty: Easy

Physical condition: (good is required).



DAY	MEALS INCLUDED			ACCOMODATION
DAY 1	 BREAKFAST	 LUNCH	 DINNER	
DAY 2	 BREAKFAST	 LUNCH	 DINNER	
DAY 3	 BREAKFAST	 LUNCH	 DINNER	
DAY 4	 BREAKFAST	 LUNCH	 DINNER	
DAY 5	 BREAKFAST	 LUNCH	 DINNER	 
DAY 6	 BREAKFAST	 LUNCH	 DINNER	 
DAY 7	 BREAKFAST	 LUNCH	 DINNER	 
DAY 8	 BREAKFAST	 LUNCH		
DAY 9	 BREAKFAST	 LUNCH		

9 DAYS
MEXICO

MEXICO CITY & OAXACA
JUNE 27TH – JULY 5th

On Day 1,  DINNER

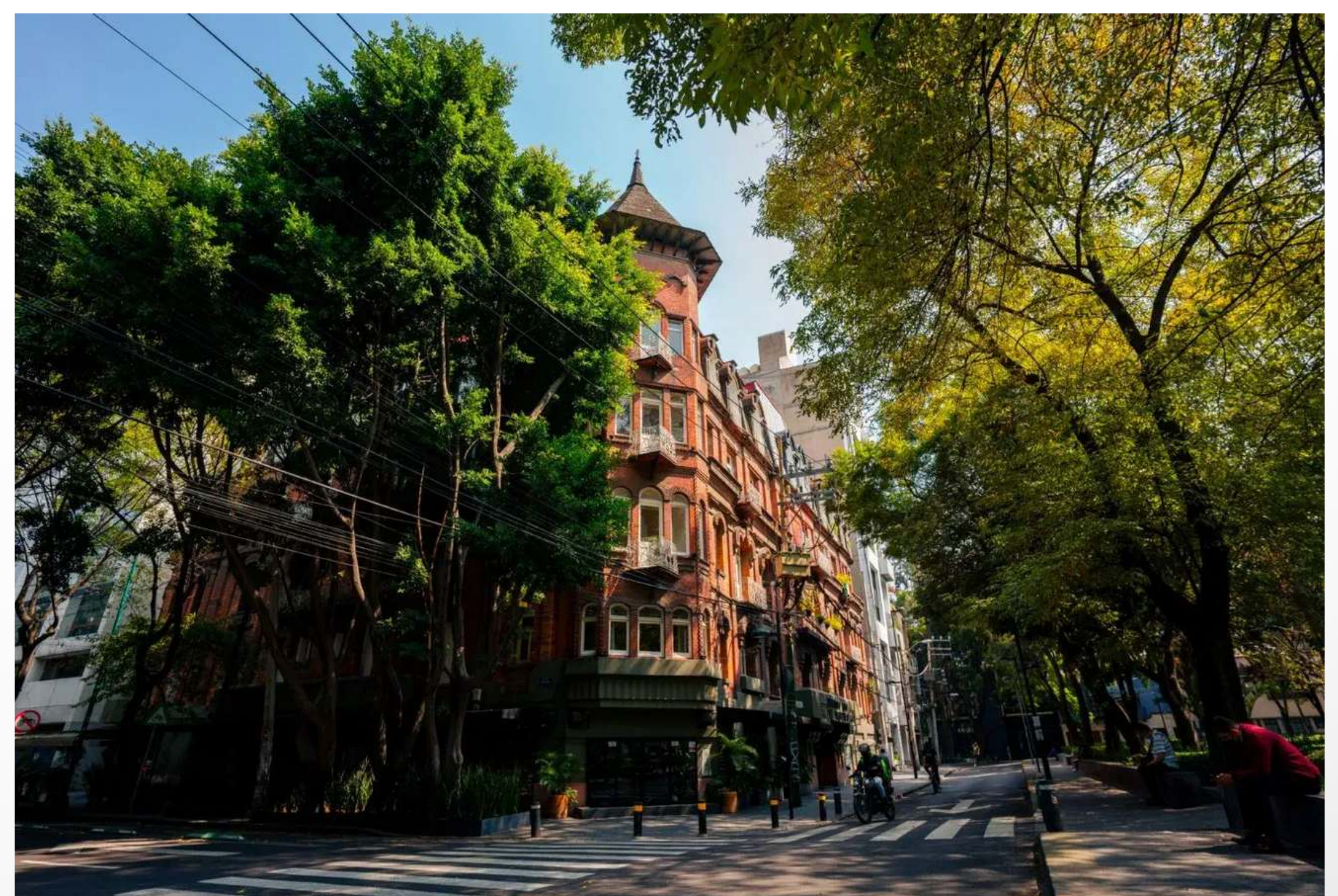
Each traveler will arrive independently and make their way to our **boutique hotel in Colonia Roma**, one of the city's most artistic and culturally alive neighborhoods. Once a residential enclave for early 20th-century visionaries, today La Roma hums with creativity, art galleries, leafy boulevards, and restored houses that echo with both nostalgia and innovation.

In the afternoon, we'll meet for our welcome gathering at the hotel, where we'll connect as a group and set the tone for the days ahead. This first circle is about presence, sharing intentions, stories, and a quiet sense of beginning.

La Roma, today it stands as a living canvas of art, architecture, and counterculture. A neighborhood where history whispers through the stucco walls, and where every corner café or design store feels part of an ongoing conversation between past and present.

As evening falls, we gather for our first shared table at a **traditional Mexican cantina**, where contemporary chefs reinterpret ancestral flavors with a modern sensibility.

Over mezcal, conversation, and laughter, we'll celebrate our arrival not just to Mexico, but to a journey that invites us to look deeper, listen closer, and begin seeing through different eyes.





*"This journey is for those who feel the call.
For the seekers, the question-keepers, the ones who long to reconnect not just
with nature, but with the self that still knows how to listen."*



On Day 2,



Xochimilco: Floating Roots & Hidden Histories

After breakfast at the hotel, we'll head south to **Xochimilco**, a **UNESCO World Heritage** site where water, land, and culture intertwine.

Drifting along its tranquil canals aboard a private trajinera, we'll explore the ancient chinampas floating gardens built by the Aztecs that still sustain local life today.

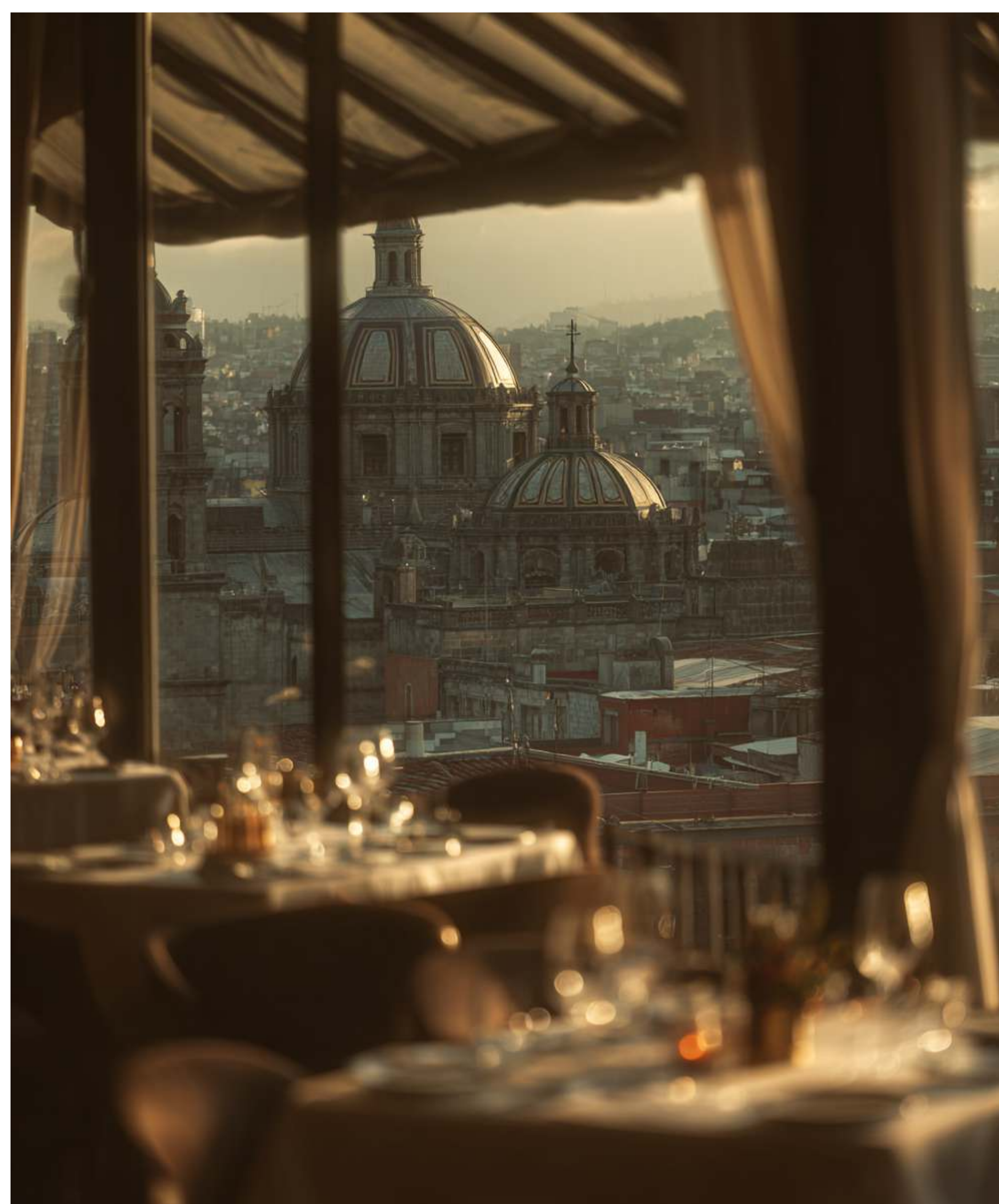
Guided by local farmers, we'll learn about their ecological practices and how this centuries-old agricultural system continues to nurture biodiversity.

Lunch will be a **farm-to-table** experience on one of these islands, prepared with seasonal ingredients and native plants. A celebration of Mexico's living culinary heritage.

In the afternoon, we'll return to the city and uncover its deeper layers with a private walking tour led by a historian, exploring the hidden stories and sacred corners of the **Centro Histórico**, from colonial facades to the ruins of the **Templo Mayor**, once the heart of the **Aztec capital Tenochtitlán**.

As evening falls, we'll dine at a beautiful historic restaurant overlooking the Metropolitan Cathedral, enjoying dinner on a terrace bathed in soft city light a moment suspended between past and present.

After dinner, we return to our hotel in **Colonia Roma** for the night.



On Day 3,



BREAKFAST



LUNCH



DINNER

Puebla to Oaxaca: The Flavor of History

This morning, we journey east toward **Puebla, a UNESCO World Heritage city** framed by volcanoes and steeped in color and spice.

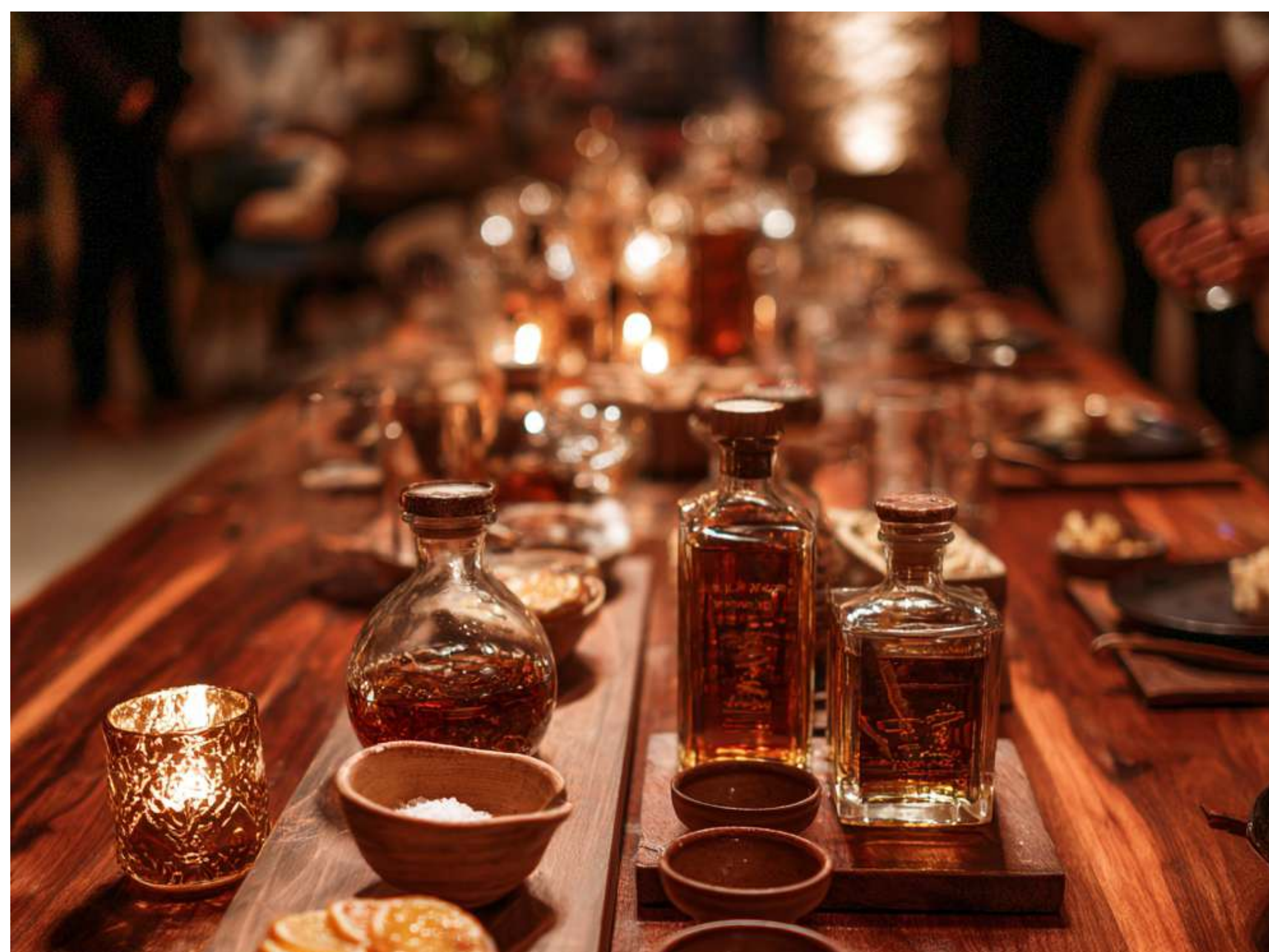
We'll walk its historic center with a local historian, uncovering baroque architecture, Talavera-tiled facades, and bustling markets filled with artisans and aromas of cacao and cinnamon.

Lunch will pay homage to Puebla's culinary icon. **Mole poblano**, a complex and sacred dish said to have been created by Dominican nuns in the 17th century as an offering fit for angels.

After lunch, our route turns south through the mountains toward **Oaxaca**. By late afternoon, we'll arrive in the city and take a gentle walking tour of its historic center, once again guided by a local historian who will bring its temples, courtyards, and colonial charm to life.

As the sun sets, we'll share an unforgettable dinner at **El Criollo, one of Oaxaca's most exceptional restaurants** where tradition and innovation meet under the guidance of celebrated chef Luis Arellano.

During the evening, we'll enjoy a **mezcal tasting led by local experts**, learning to recognize its delicate notes and the deep connection between agave, land, and ritual.





On Day 4,



BREAKFAST



LUNCH



DINNER

Ancient Stones & Living Traditions

This day is an encounter between past and present.

We'll begin at **Monte Albán**, one of the most important **Zapotec** archaeological sites, set high on a mountaintop overlooking the valley.

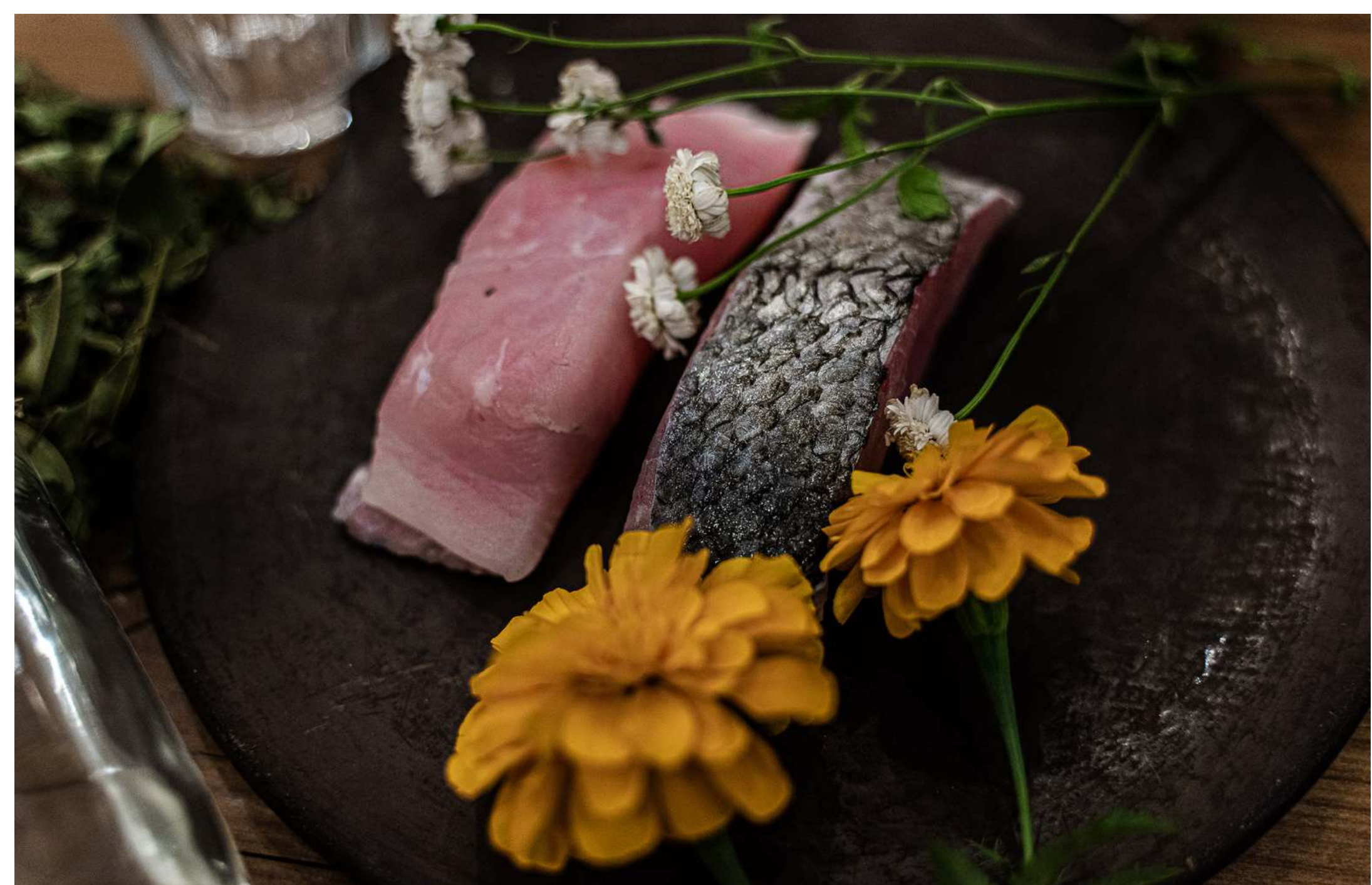
Among temples, tombs, and observatories, we'll feel how geometry and ritual once shaped the human relationship with the cosmos.

Then, we visit the **Tree of Tule**, a living being more than **2,000 years old**, a reminder of endurance and sacred connection.

In the afternoon, we explore **Oaxaca's central market**, tasting local chocolate, mole, and mezcal.

In the evening, we'll gather for dinner at one of the city's most iconic restaurants, a temple to Oaxacan gastronomy where ancestral ingredients and contemporary vision come together to tell the story of the region through flavor and fire.

MEXICO — BETWEEN ART, EARTH & SPIRIT





On Day 5,



BREAKFAST



LUNCH



DINNER

Into the Sierra Norte: The Living Forest

After breakfast, we'll travel east toward the Valle de Mitla, home to one of the most enigmatic and beautiful archaeological sites in Mexico.

The ancient **Zapotec city of Mitla**, meaning "*Place of the Dead*" was not a city of rulers, but of priests. It served as a spiritual center where death was understood as transformation, not ending.

Its palaces and temples are adorned with more than 100,000 perfectly fitted stone mosaics, forming intricate geometric patterns that symbolize the eternal cycles of life and spirit.

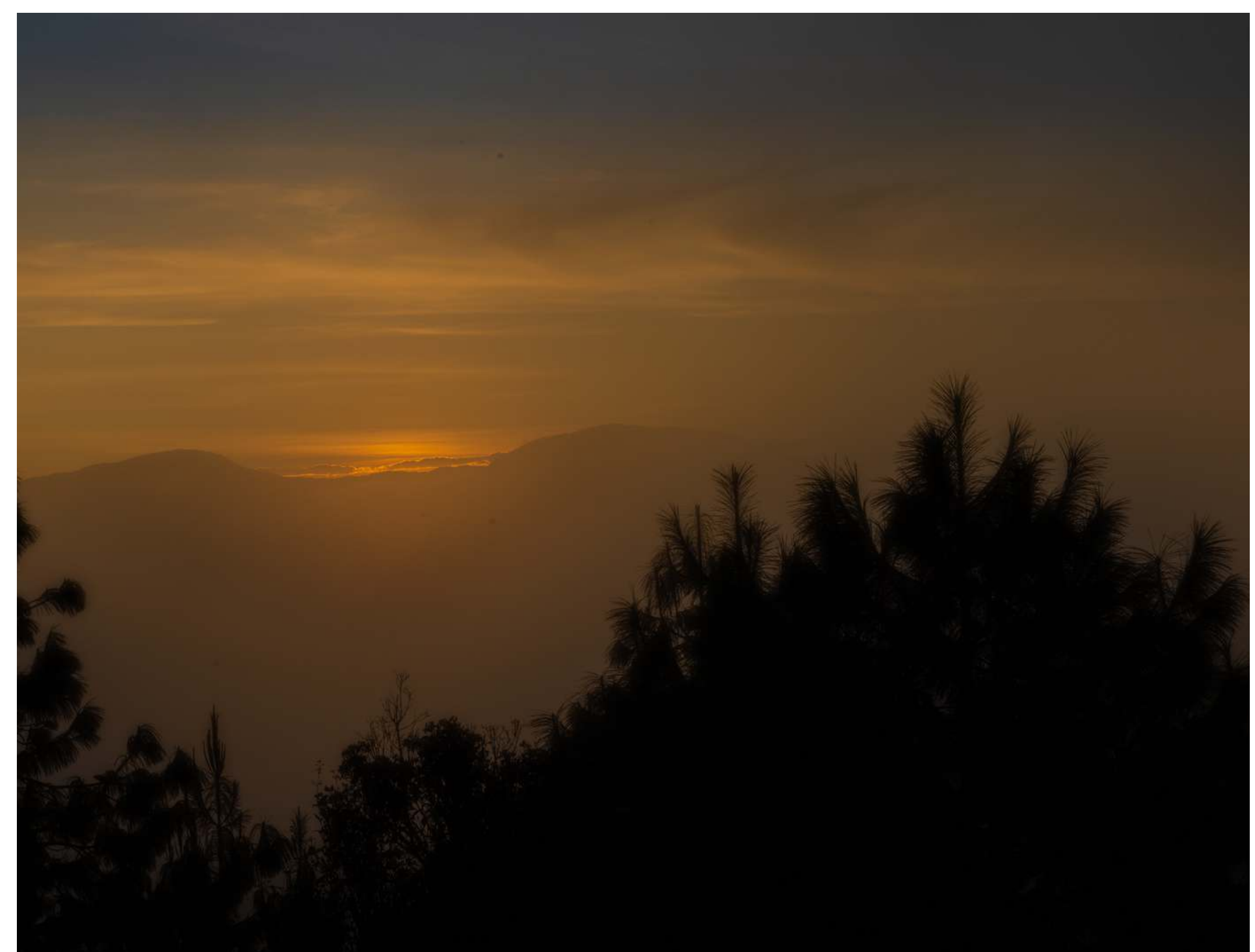
After exploring the site and its quiet surroundings, we'll continue our journey into the **Sierra Norte of Oaxaca**, one of Mexico's most breathtaking and powerful regions, a land of oak, fir, and ocote forests, cascading waterfalls, fresh springs, and ancestral Zapotec communities.

This is the México profundo. Remote, pristine, and vital. Where people still live in deep, reciprocal relationship with their environment.

We'll arrive by evening to a **Zapotec village** surrounded by mist and pine, settling into **wooden eco-cabins** nestled in the cloud forest.

A place of silence, freshness, and vitality where community and nature still breathe as one.

This land holds some of the **oldest and most enduring Zapotec communities** in Mexico, keepers of stories that flow like water through the forest and time.



On Day 6–7,



BREAKFAST



LUNCH



DINNER

Living with the Forest

Over these two days, we'll walk, learn, and share life alongside **Zapotec families** who have inherited an ancient wisdom. Not only about the forest, but about coexistence itself.

Here, we'll come to understand that culture is not a human phenomenon in isolation; it's what emerges when a community lives in deep, reciprocal relationship with its environment.

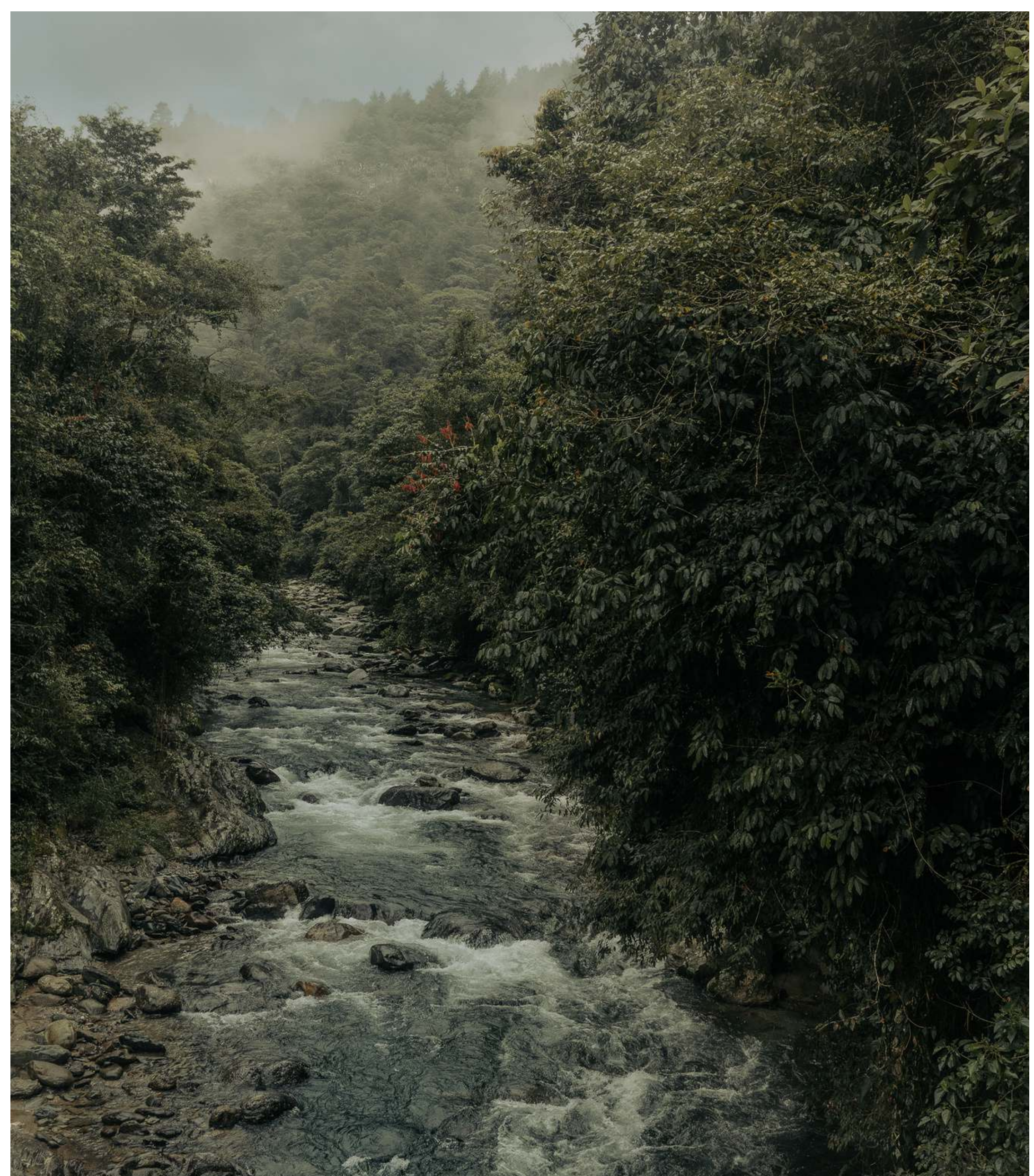
We'll take part in a hands-on **cooking workshop** to learn how to prepare **mole** using local ingredients and ancestral techniques, a gesture of gratitude and continuity.



We'll also spend time with a traditional healer (**curandero**) who will introduce us to the medicinal plants of the region, explaining how, through their relationship with the land, the people of the Sierra have found their own medicine. Physical, emotional, and spiritual. Amid misty trails, waterfalls, and communal hearths, we'll witness how simplicity can hold the essence of abundance.

The Sierra Norte stands as a living example of sustainable forest management and collective harmony.

Here, through the eyes, the hands, and the presence of its people, we'll begin to understand how abundance arises from balance rather than excess.



On Day 8,



BREAKFAST



LUNCH



DINNER

The art of Memory

After returning to Oaxaca city, we'll visit a traditional **printmaking workshop**, where artisans craft the famous Oaxacan engravings, bold, mythic expressions of identity and resistance.

As the smell of ink and wood fills the air, we'll see how art here is not decoration but storytelling. A dialogue between generations. This final encounter ties together the threads of everything we've lived: creation, earth, and spirit.

On Day 9,



BREAKFAST



LUNCH



DINNER

Return to Mexico City

Before leaving Oaxaca, we'll stroll once more through the **Botanical Garden**, reflecting quietly on the textures and teachings of the journey, where desert plants and tropical trees coexist in harmony.

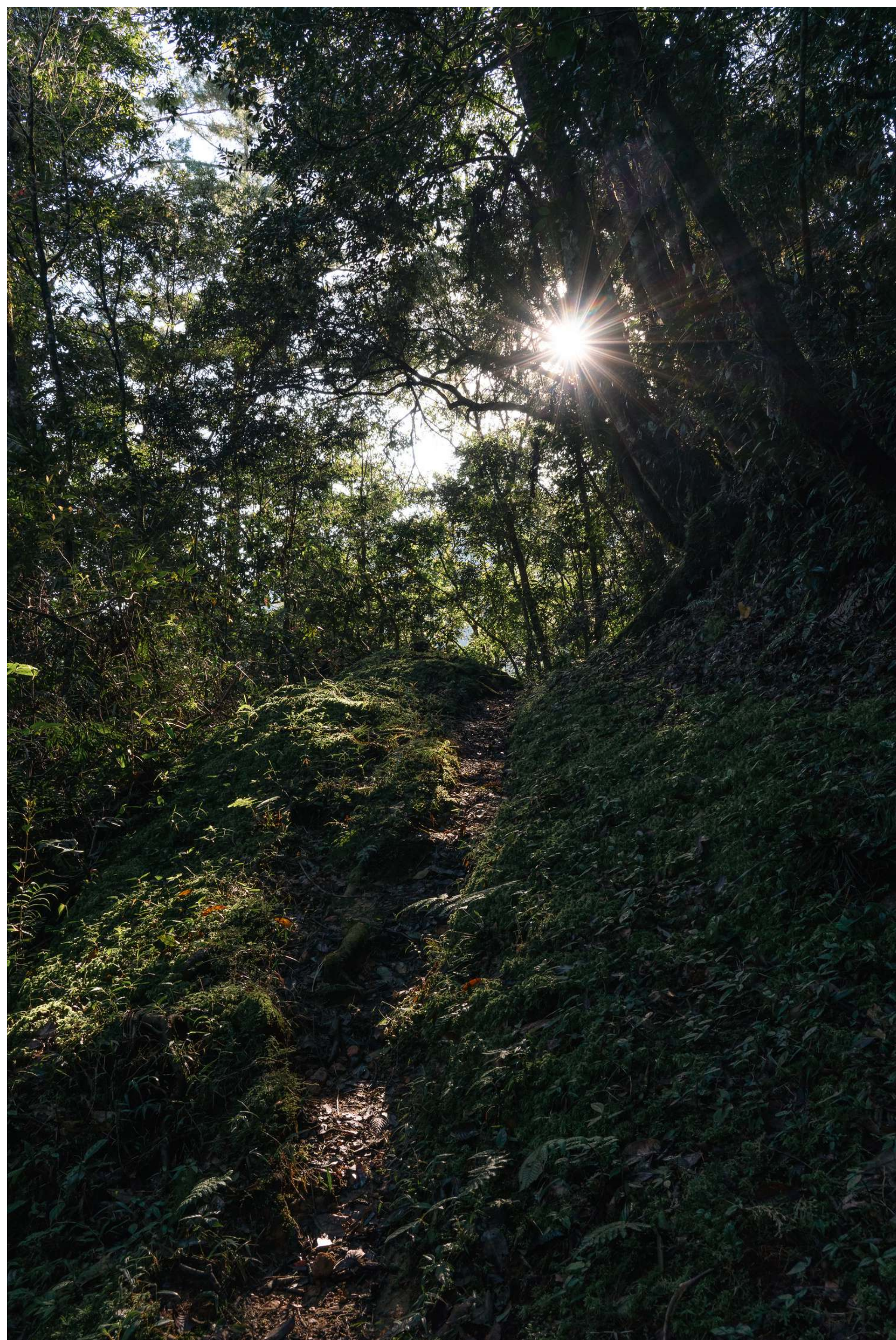
On our way back to **Mexico City**, we'll stop again in **Puebla** for a final shared meal, celebrating the flavors, colors, and friendships that have emerged along the way.

By evening, we'll arrive at our boutique hotel in Colonia Roma, returning to the place where our circle began.

That night, as the city hums softly outside, we'll understand that the true destination was never a place, but a state of awareness.

What began as a journey across landscapes ends as an awakening within:

"A quiet reminder that the world's beauty is also our own."





MEXICO CITY, PUEBLA & OAXACA

B E T W E E N A R T , E A R T H & S P I R I T

Dates & Prices

2026

\$2,900.00 usd

JUNE 27TH – JULY 5th

A small group journey

RESPONSIBILITY

By booking or participating in a tour and any related products or services provided by SAC NOMADS SA DE CV. ("Bushman" or the "Tour Operator"), you ("you") agree to these Terms & Conditions (the "Terms")

BUSHMAN (as defined herein) will provide educational enrichment activities for photographic expeditions as outlined in its catalog and on its website(www.bushmanphoto.com) and has licensed qualified professional touroperators to organize and administer such expeditions. The designated touroperator, in turn, acts only as an agent for any transportation carrier, ground operator, or other suppliers of services connected with specific Expeditions ("Other Providers"), and the Other Providers are solely responsible and liable for providing their respective services. The passenger tickets in use by the carriers shall constitute the sole contract between the carriers and the passenger; the carriers are not responsible for any act, omission, or event during the time participants are not aboard their conveyances.

BUSHMAN and its designated tour operator reserve the right in their sole discretion to accept, decline to accept, or remove any participant on a BUSHMAN tour. BUSHMAN reserves the right, without penalty, to make changes in the published itinerary whenever, in their judgment, conditions warrant or if they deem it necessary for the comfort, convenience, or safety of participants. Baggage and personal effects are at all times the sole responsibility of the participant.

THE BOOKING CONTRACT

Your booking is confirmed and a contract exists when BUSHMAN or your travel agent issues a written confirmation after receipt of the applicable deposit amount. Please check your confirmation carefully and report any incorrect or incomplete information to the Tour Operator or authorized agent immediately. Please ensure that names are exactly as stated in the relevant passport.

PRICES, SURCHARGES AND TAXES

The published price of the Tour and any products or services offered by BUSHMAN is subject to change at any time, before or after booking confirmation, up to 30 days before departure. Tours are priced and advertised exclusive of applicable sales taxes. After a confirmation invoice has been issued by BUSHMAN.

VALIDITY

All dates, itineraries and prices of Tours are subject to change at any time and the current price will be quoted and confirmed at the time of booking, subject to any surcharges that may be levied in accordance these terms. You acknowledge that you are responsible for keeping up to date on the specific details of your Tour and any other products or services, including, but not limited to checking the Tour Operator's website at least 72 hours prior to departure as minor changes may have been made after the time of booking.

FINAL PAYMENT & ACCEPTANCE OF BOOKING

A 50% deposit payment must be processed for booking the - Mexico, Puebla, Oaxaca Expedition - from Nov 1st 2025 until April 1st 2026. The remaining balance must be paid during May 2026. When the minimum group size of 8 people has been confirmed. We will send you an email with final payment instructions.

If full payment is not received before March 1st, 2026, the booking will be treated as canceled and retain the deposit paid on booking as a cancellation fee.

A minimum of 8 participants is needed for this itinerary to proceed. If the minimum number is not confirmed by the end of May 2026, we will refund 100% of the cost of your booking. Please take this into consideration when booking and purchasing your flight tickets.

BUSHMAN is not responsible for any charges levied by third parties or financial institutions and payable by you as a result of credit card or other payment transactions and will not refund or return any fees charged by third parties or financial institutions in connection with payments made by you to BUSHMAN.

CANCELLATION BY THE PARTICIPANT

(a) Deposit is nonrefundable at any time (b)Cancellation received between 6 and 2 months before departure will generate a nonrefundable administrative fee of 50% of payments done (excluding the nonrefundable deposit)

(c) Cancellation received less than 30 days before departure will not be refunded.

ELIGIBILITY

Anyone under 16 must be accompanied by a parent or guardian for the entire Expedition. Included in Expedition Cost: meals as indicated in the itinerary (B = breakfast, L = lunch, D = dinner); educational materials; pre-departure information; entrance fees, excursions, and sightseeing noted as included in the itinerary; ground transportation during the entire expedition; services of BUSHMAN experts and/or local guides, lecturers, Expedition leaders, and any other staff; and taxes, port charges, baggage handling, and service charges. Please note: the "B, L, D" notations apply to the period during the TOUR only.

NOT INCLUDED:

Activities noted as optional in the itinerary; gratuities, unless otherwise noted on the itinerary page; passport, visa, and permit expenses; medical expenses and immunizations; baggage/accident/cancellation insurance; personal expenses, such as laundry, telephone calls, and alcoholic beverages; and any other items not specifically noted as included.

PHOTOGRAPHY:

BUSHMAN reserve the right to take photographs or videos during the operation of any expedition or part thereof and to use the resulting photography, videos, or recordings for promotional or commercial use.

By making a reservation on a BUSHMAN COMPANY, the participant agrees to allow his/her likeness to be used by BUSHMAN, BUSHMAN- authorized third parties, and the tour operator without compensation to the participant.

DISPUTE RESOLUTION:

If the participant has a complaint, he/she should first inform the tour operator or local guide while on the BUSHMAN so that the tour operator or BUSHMAN leader can attempt to rectify the matter. If the participant is still dissatisfied, he/she should submit the complaint in writing to BUSHMAN within 30 days of the completion of the tour operator.

ITINERARY CHANGES:

The itineraries and staff presented in the catalog or on the website are subject to modification and change by BUSHMAN or its designated tour operator. Every reasonable effort will be made to operate programs as planned, but alterations may still occur after final itineraries are sent.

DOCUMENTATION:

Participants are responsible for obtaining any documents required for their participation. Such as a valid passport, all visas, vaccination certificates, and any other documents.

Failure to obtain documents does not negate the terms and conditions, and any extra costs incurred for rerouting due to travel without the necessary documents will be the participant's responsibility.

HEALTH REQUIREMENTS:

Participants must be in good physical and mental health. Any physical condition, diet, or treatment requiring special attention must be reported in writing when the reservation is made. BUSHMAN encourages participants to consult a doctor for specific medical advice about any activities or destinations. Certain TOUR may require that the participant obtain medical consent prior to departure as a condition of participation.

LIABILITY:

The Tour Operator and its parents, subsidiaries and their respective employees, affiliates, officers, directors, successors, representatives, and assigns shall not be held liable for

(A) any damage to, or loss of, property or injury to, or death of, persons occasioned directly or indirectly by an act or omission of any other provider, including but not limited to any defect in any aircraft, watercraft or vehicle operated or provided by such other provider; and

(B) any loss or damage due to delay, cancellation, or disruption in any manner caused by the laws, regulations, acts or failures to act, demands, orders, or interpositions of any government or any subdivision or agent thereof, or by acts of God, strikes, fire, flood, war, rebellion, terrorism, insurrection, sickness, quarantine, epidemics, theft, or any other cause(s) beyond their control. You waive any claim against the Tour Operator for any such loss, damage, injury, or death.

In the event that any loss, death, injury or illness is caused by the negligent acts or omissions of the Tour Operator or of the Third Party Suppliers of any services which form part of the booking contract then the Tour Operator limits its liability, where applicable by all applicable international conventions.

Force Majeure: The Tour Operator will not be liable in any way for death, bodily injury, illness, damage, delay or other loss or detriment to person or property, or financial costs both direct and indirect incurred, or for the Tour Operator failure to commence, perform or complete any duty owed to you if such death, delay, bodily injury (including emotional distress or injury), illness, damage or other loss or detriment to person or property is caused by Act of God, war or warlike operations, mechanical breakdowns, terrorist activities or threat thereof, civil commotions, labor difficulties, interference by authorities, political disturbance, howsoever and where so ever any of the same may arise or be caused, riot, insurrection and government restraint, fire, extreme weather or any other cause whatsoever beyond the reasonable control of the Tour Operator; or an event which the Tour Operator or the Third Party Supplier of services, even with all due care, could not foresee any and all of which, individually and collectively, constitute "Force Majeure"